



Parent Orientation Agenda

Why we Exist:

- Building character to help youth succeed in life

What we Provide

- Safe spaces
- Quality coaches
- Character curriculum & culture of respect

How we Coach:

- Provide a supportive, safe, and positive environment where **relationships** can form and participants feel empowered, and included
- **Engage** participants by creating a fun, activity-based experience where participants learn and apply our life and golf skill curriculum through our games
- Deliver process-focused coaching to build a **growth mindset**. Focus is on effort, learning from mistakes, and life skill demonstration

What we Coach - Curriculum:

- All sessions are organized by grade groups – Grades 2-4, 5-6, 7-8, 9-12
- 3 parts to the curriculum – Life Skills, Golf Cues, Golf Ready
- 6 Life Skills, 6 Golf Cues, 6 Golf Ready concepts taught across all grade groups
- Each Life Skill and Golf Cue has four related tools (variations), each with three tips, one for each grade group (24 total lessons)
- Each week in the 8-week season, the different grade groups will learn one tool from each of the three parts – Life Skill, Golf Cue, Golf Ready
- Coaches will also meet each individual where they are golf skill-wise

Structure of an 8-Week Class

- Warm Up 10 mins- Life Skill intro/activity or exercise
- Activities 70 mins-Integration of Life Skills & Golf Cues through games
- Wrap up 10 mins- Bridge core lessons to life

Classes and Achievement Challenges

- Grade Groups 2-4, 5-6, 7-8, 9-12
- Each Grade Group has a Practice and a Course class
- Practice = 6 of 8 weeks on practice areas
- Course = 6 of 8 weeks on golf course
- Play = all 8 weeks on the golf course

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- Each Grade Group Practice & Course class has golf & life challenges
- It is encouraged to take the Practice & Course classes in each Grade Group to experience all FTSV achievement challenges
- Achievement is not tied to progression or next class
- Achievement challenges help participants set goals and take ownership over their skill development
- Participants are encouraged to set their own achievement goals if the challenge standards are too low or too high
- It's important to repeat sessions for retention of information and for pursuing personal goals. For example, just because we know what Respect means, doesn't mean we can't learn new ways to improve our demonstration of respect

Opportunities for Grades 9-12

- Practice and Course classes specifically for Grades 9-12
- [Ace Classes](#)– Career, Education, Volunteer, and Golf
- [National Opportunities](#) – Click [here](#) to watch one of the recap videos
- [Scholarships](#)
- [Junior Council](#) - open to all high schoolers. They plan events/opportunities, fundraise, contribute to our marketing/social media

Ace Classes

- A layered approach incorporating self-exploration, active investigation of potential education & career plans, demonstration of leadership & investment in their community, development of goals & real-world assets to kick-start their future
- Includes (4) 8-week seminar classes & an optional Ace-Certification process
- The classes and certification process provides the opportunity to apply the 6 First Tee Life Skills and develop a skill set that prepares them for post high school life.
- The following (4) 8-week classes are open to participants 14-17, new & returning:
 - Education class (Fall – Sept to Oct) - Financial planning for college, college application process, school identification/exploration strategies
 - Give Back class (Winter – Dec to Feb) - Going above and beyond, learning transferable skills, networking, professionalism
 - Career class (Spring – Mar to May) – Personal branding - conversational hook for networking purposes, resumes and LinkedIn tips, interview and informational interview skills, career exploration (Holland Chart, Odyssey plans, AI research and prompting), adaptive and content job skills, and professional correspondence



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- Golf class (Summer – Jun to Aug) - Golf psychology, optimal practice habits, and goal setting
- To be eligible for Ace-Certified participants must
 - Take Grades 9-12 Practice and Course classes
 - Complete all 4 Ace - Classes & post class course work on the FT App.
 - Participate in FTSV at least 2 years & take a min of 1-2 sessions per year
 - *Any high school participants can take Ace classes, even if they are not eligible to be Ace-Certified.*

National Opportunities

- First Tee Home Office provides events around the country that our high school participants are invited to apply for
- To apply, participants are encouraged to
 - Complete Grades 9-12 Practice and Course classes
 - Participate in FTSV for a minimum of 2 years and take a minimum of 1 session per year
 - Our team sends out a Google Form sheet to high schoolers with details on the national opportunities, and then they are selected to apply based on their engagement in our program and whether they meet the national opportunity requirements

Scholarships

- Participants are selected based on achievement, longevity, and financial need
- Scholarship opportunities include the Joyce Taylor Award, Victor M. Arrańaga Jr. Leadership Award, FT College Scholarship Program, YOC Scholar, and Silicon Valley Community Fund Scholarships (regional)

Opportunities – All

- Discount cards (just for students!)
 - Offers discounted rates for range balls to practice on your own
- NCGA Youth on Course card (playing discounts)
 - Available when registering (year-round)
 - Click [here](#) to register
 - Provides playing discounts at over 100 golf courses
- Pre-season - [Seasonal Tournaments, Girls Golf, Appreciation Events](#)

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Safety

- All coaches complete two background checks, and take the Safe Sport, Mandatory Reporter, Anti-Harassment, Concussion, Sudden Cardiac Arrest, and Heat Illness Trainings, as well as our FTSV Coach Safety video
- Participants and coaches are encouraged to not attend class if they show any signs of illness, or test positive for COVID-19

FTSV Policies

- Attendance - no make ups, inform staff about absences
- Punctuality - arrive 10 min early
- Late policy - 1-minute late policy
- Attendance policy – We encourage participants to not miss more than 2 sessions (classes). However, we will not turn anyone away if more than 2 classes are missed. Challenges take place weeks 7 and 8. No make up
- Check in/out – parents/guardians walk students to and from the check in/out
- Dress code – pockets, athletic shoes
- Lunch – Not provided
- Water – please bring their own water to class
- Spectating - Must stay 25 yards away during class. However, it is important to consistently check in with coaches and staff before or after class
- Clubs provided in class if needed. We have a club leasing program for those on financial aid and clubs available for purchase for everyone else while supplies last. For more information contact manny@ftsv.org
- Cancellation policy – class held rain or shine. Classes cancelled if the forecasted temperature is < 50 degrees AND raining, or the AQI is >130, or the temperature is >95 AND the apparent temperature (temperature + humidity) reaches the danger level and above on the Apparent Temperature chart. We will review this any time forecasted temperatures rise above 95 degrees. The temperature and AQI is determined using zip code, class location, the Apple Weather App, and airnow.gov. Cancellation decisions will be made by 6pm the day before based on the forecast.
- Email weather@ftsv.org after 6pm the day before for an update on the class status. Credits will be issued if more than 2 classes are cancelled
- Make-Ups – For logistical reasons, there will be no option to make up classes by taking a class at a different time or day
- Behavioral intervention process – Click [here](#) to review our code of conduct, our 4-step process for managing behavioral issues, and what behavioral issues kick start the 4 steps. Our approach is rooted in providing coach support with participant accountability.



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Parent/Guardian Resources & Opportunities

- Video Library available on our [Private Page](#) - PW: 26PART
 - Life Skill Videos & Golf Cue Videos
 - Core Lesson Cue Cards
 - [Golf Course Need-to-Know Video & Document](#)
 - Positive Coaching Alliance Resources
- Private lessons?
 - Click on "[About Us](#)" then "Staff and Board" then "Instructors (Private)"
- Parent Clinics
 - Parents/guardians can sign up for a group golf lesson from our staff
- FTSV – Branded Apparel
 - Click [here](#) to purchase our adult apparel
- Volunteer Coaching
 - Assist in delivering our life and golf skill curriculum through golf games
 - Provide tools to build character through mentoring
 - Provide a safe, positive and engaging experience
 - Commit 2.5 hours a day, once a week for an 8-lesson season
 - Golf experience not a requirement
 - Click [here](#) to get started

Other

- Questions? Office Hours: Tue-Fri 10am-6pm
- Weekly email "Fore! Families" (sent every Tuesday)
- Website (thefirstteesiliconvalley.org); Participant Private Page (26PART) for all policies and parent resources