

Program Overview & Policies

Welcome to First Tee – Silicon Valley!

First Tee - Silicon Valley develops youth through golf. We enable kids and teens to build the strength of character that empowers them through a lifetime of new challenges. By seamlessly integrating the game of golf with a life skills curriculum, we create active learning experiences that build inner strength, self-confidence, and resilience that kids can carry to everything they do

Stay Updated and Be an Ally

- Our "Fore! Families" weekly email is sent each Tuesday providing specific information about our class resources, upcoming events, and opportunities.
- Our 'Private Participant Page' (PPP) contains parent resources videos and supporting documents. Please help us reinforce our Life Skills and help make the experience fun for your participant.
 - Visit our website, firstteesiliconvalley.org
 - Click the PRIVATE button (top of the home page),
 - Click "Participants & Families" (password Class24).
- Questions?
 - English Tue-Sat (10am-6pm) reg@ftsv.org or 408.508.4880
 - Spanish Tue Sat (10am-6pm) <u>victor@ftsv.org</u> or 650. 887.7042
 Saturday (9:30am- 1:30pm) <u>lina@ftsv.org</u> or 408.508.4886

Why We Exist:

Building character to help youth succeed in life.

How We Coach:

- Provide a supportive, safe, and positive environment where relationships can form and students feel welcomed, empowered, and included.
- Engage participants by creating an activity-based experience where participants learn and apply our life and golf skill curriculum through participation in our games.
- Deliver process-focused coaching to build a growth mindset for participants.

What We Coach

- 3 parts to the curriculum Life Skills, Golf Cues, Golf Ready
- 6 Life Skills, 6 Golf Cues, 6 Golf Ready concepts taught across all grade groups
- Each Life Skill and Golf Cue has four related tools (variations), each with three tips, one for each grade group (24 total lessons)

• Each week the different grade groups will learn one tool from each of the three parts – Life Skill, Golf Cue, Golf Ready.

Classes and Grade Groups

- Classes are organized over (4) Grade Groups so peers stay together
- Grade Groups
 - Grades 2-4 Practice, Course, Play
 - Grades 5-6 Practice, Course, Play, Rounds
 - Grades 7-8 Practice, Course, Play, Rounds
 - Grades 9-12 Practice, Course, College, Career, Golf, Give Back
- Practice = 6 of 8 weeks on practice areas; open to all skill levels
- Course = 6 of 8 weeks on golf course; open to all skill levels
- Play 8 weeks on golf course; 9-holes supervised
- Rounds 8 weeks on golf course; 9-holes unsupervised
- College 8-week seminar; fall only; 10th grade and up
- Career 8-week seminar; spring only; 10th grade and up
- Golf 6 of 8-weeks on practice areas, summer only; 10th grade and up
- Give Back 8-week seminar; winter only; 9th grade and up

Achievement

- There are FTSV Golf & Life Skill Achievement Challenges and "standards" for each Grade Group
- Achievement is NOT tied to progression or next class
- Achievement challenges help participants set goals and take ownership over their skill development
- FTSV achievements are the result of participants successfully completing the following Grade Group Life and Golf Skill challenges for Practice and Course:
 - Golf Skill Challenges Practice (Week 7)
 - Life Skills Challenges Practice (Week 8)
 - Golf Ready Challenges Course (Week 7)
 - Scorecard Challenge Course, Play, or Rounds (Week 8)
 - Life Skills Challenges Course (Week 8)
- To attain the FTSV achievement challenges for each grade group, a Practice class and Course class must be taken
- Participants are also encouraged to set their own achievement goals if the challenge standards are too low or too high
- It is important to <u>repeat sessions</u> for retention of information and for pursuing personal goals

Policies

- Attendance Inform staff about absences one week prior. We have a big waiting list so please make sure you notify us if you cannot make the season
- Punctuality arrive 10 min early
- Late policy 1 minute after class starts, participant will be turned away
- Attendance policy We encourage participants to not miss more than <u>2</u> sessions (classes). Challenges take place weeks 7 and 8. No make-ups
- Check in/out parents/guardians walk students to and from the check in/out table. Arrive early, especially week 1
- Spectating Must stay 25 yards away during class. Let the coaches coach. However, it is important to consistently check in with coaches and staff before or after class
- Dress code pockets, athletic shoes. Varies at other courses.
- Clubs provided for all levels if needed. We have a leasing program for those on financial aid and a purchasing option for everyone else while supplies last. Contact coach Manny and talk to program staff
- Rain and Heat policy class held rain or shine. Classes cancelled if temperature is under 50 degrees AND raining or exceeds the temperature + humidity on our heat index chart. For extreme weather (flooding, lightning, smoke, and extreme heat) we may cancel class. Email <u>weather@ftsv.org</u> at 11am of the same day to get an update on class and at 6pm on Friday for Saturday classes. Credits will be issued if more than 2 classes are cancelled
- Cancellation Policy Full refund if you cancel registration before the published registration deadline. No refunds will be given if the cancellation is made after the registration deadline. You must email <u>reg@ftsv.org</u> to notify us of cancellation
- Make-Ups For logistical reasons there will be no option to make-up classes by taking a class at a different time or day
- Late admin fee If registration occurs after the published registration deadline, a fee equal to 25% of the class fee will be incurred (this does not apply to waitlisted participants being placed in a class by FTSV staff)
- Full class payment must be received before participant can join the class
 - In the case of a no-show on the first day of class (without notification), the participant will be removed from class and the next person on the waitlist will be admitted. *Notify by emailing reg@ftsv.org

Opportunities for High School Participants

- High School Participants have access to the following opportunities
 - 1. Ace Classes Career, Education, Volunteer, and Golf
 - 2. National Opportunities
 - 3. <u>Scholarships</u>
 - 4. <u>Junior Council</u> They plan events/opportunities, fundraise, contribute to our marketing/social media

- 1. Ace Classes:
 - A layered approach incorporating self-exploration, active investigation of potential education & career plans, demonstration of leadership & investment in their community, & development of goals & real-world assets to kick-start their future
 - Includes (4) 8-week seminar classes & an optional Ace-Certification process
 - The classes and certification process provides the opportunity to apply the 6 First Tee Life Skills and develop a skill set that prepares them for post high school life.
 - The following (4) 8-week classes are open to participants 14-17, new & returning:
 - <u>Education class</u> (Fall Sept to Oct) financial planning for college, college application process, school identification/exploration strategies
 - <u>Give Back class</u> (Winter Dec to Feb) going above and beyond, learning transferable skills, networking, professionalism
 - <u>Career class</u> (Spring Mar to May) resume-building, interview skills, adaptive and content skill development, professional correspondence, and career explorations
 - <u>Golf class</u> (Summer Jun to Aug) golf psychology, optimal practice habits, and goal setting
 - To be eligible for Ace-Certified participants must
 - Complete achievement challenges in Grades 9-12 Practice and Course
 - Complete all 4 Ace Classes & post class course work on the FT App.
 - Participate in FTSV at least 3 years & take a min of 2 sessions per year
 - Any high school participants can take Ace classes, even if they are not eligible to be Ace-Certified. They can still take the classes
 - Click <u>here</u> for full details
- 2. National Opportunities:
 - First Tee Home Office provides events around the country that our high school participants are invited to apply for
 - To apply, participants are encouraged to
 - Complete achievement challenges in Grades 9-12 Practice and Course
 - Participate in FTSV for a min of 3 years & take a min of 2 classes per year
 - Our team sends out a Google Form sheet to high schoolers with details on the national opportunities, and then they are selected to apply based on their engagement in our program and whether they meet the national opportunity requirements
 - Click <u>here</u> to view each opportunity, with highlights of our selected participants

- 3. Scholarships:
 - Participants are selected based on achievement, longevity, and financial need
 - Scholarship opportunities include the Joyce Taylor Award, Dennis Kettman Award, FT College Scholarship Program, YOC Scholar, and Silicon Valley Community Fund Scholarships (regional)
 - Click <u>here</u> to view the scholarship details

Opportunities - All

- Discount cards (just for students!)
 - Handed out week 2 for all new participants
 - Offers discounted rates for range balls to practice on your own
- NCGA Youth on Course card (playing discounts)
 - available when registering (year-round).
 - Provides playing discounts at over 100 golf courses.
- Pre-season <u>Seasonal Tournaments</u>, Girls Golf, Appreciation Events
- Parent/Guardian Clinics
 - In November of each year, we host a parent clinic where parents/guardians can sign up for a group golf lesson from our staff. Contact <u>phoenix@ftsv.org</u> for more details.

Volunteering

- As a non-profit organization, we rely heavily on volunteer assistance.
- Volunteer coaches assist as life and golf skill coaches. 1 class per week (same day each week) for 2.5 hours per class
- Administrative volunteers assist with check-in/check-out at our locations during season
- Please go to <u>https://www.firstteesiliconvalley.org/about/volunteer/</u>and click on 'Volunteer Form' to get started. You must be through the onboarding process before: <u>March 1st</u> (Spring), <u>June 1st</u> (Summer), <u>August 10th</u> (Fall) or <u>November 10th</u> (Winter) in order to volunteer for the next session

We look forward to meeting you this season!