



## FTSV 2024 Spring Parent Orientation Agenda

### Why we Exist:

- Building character to help youth succeed in life.

### How we Coach:

- Provide a supportive, safe, and positive environment where **relationships** can form and participants feel empowered, and included.
- **Engage** participants by creating a fun, activity-based experience where participants learn and apply our life and golf skill curriculum through participation in our games.
- Deliver process-focused coaching to build a **growth mindset** among our participants. Focus is on effort, learning from mistakes, and life skill demonstration.

### What we Coach - Updated Curriculum:

- All sessions are organized by grade groups – Grades 2-4, 5-6, 7-8, 9-12
- 3 parts to the curriculum – Life Skills, Golf Cues, Golf Ready
- 6 Life Skills, 6 Golf Cues, 6 Golf Ready concepts taught across all grade groups
- Each Life Skill and Golf Cue has four related tools (variations), each with three tips, one for each grade group (24 total lessons)
- Each week the different grade groups will learn one tool from each of the three parts – Life Skill, Golf Cue, Golf Ready.

### Structure of a Class

- Warm Up 10 mins- Life Skill intro/activity or exercise
- Activities 70 mins-Integration of Life Skills & Golf Cues through games and on-course play
- Wrap up 10 mins- Bridge core lessons to life

### Classes and Achievement Challenges

- Grade Groups 2-4, 5-6, 7-8, 9-12
- Each Grade Group has a Practice and a Course class
- Practice = 6 of 8 weeks on practice areas
- Course = 6 of 8 weeks on golf course
- Play = all 8 weeks on the golf course
- Each Grade Group Practice and Course class has golf and life challenges and standards



## **FTSV 2024 Spring Parent Orientation Agenda**

- FTSV Achievements are result of completing golf and life skill challenges
- Achievement is not tied to progression or next class
- Achievement challenges help participants set goals and take ownership over their skill development
- Participants are encouraged to set their own achievement goals if the challenge standards are too low or too high.
- It is important to repeat sessions for retention of information and for pursuing personal goals. For example, just because we know what Respect means, doesn't mean we can't learn new ways to improve our demonstration of respect.

### Expanded Sessions for Grades 9-12

- New Practice and Course classes specifically for Grades 9-12
- Ace - Plan Your Future sessions – Career, Education, Volunteer, and Golf
- Junior Council open to all high schoolers. They plan events/opportunities, fundraise, contribute to our marketing/social media.

### Ace-Future Planning Classes and National Opportunities Eligibility

- Any high school participant can take Ace classes. There are (4) 8-week sessions, each with optional post-class projects.
  - Education - financial planning for college (budgeting, saving, grants, scholarships), college application process, school identification/exploration strategies.
  - Career - resume-building, interview skills, transferable/adaptive and content skill development, and professional correspondence.
  - Golf - Golf psychology, optimal practice habits.
  - Volunteer - Going above and beyond, learning transferable skills, networking, professionalism
- To be eligible for Ace-Certified participants must
  - Complete achievement challenges in Grades 9-12 Practice and Course
  - Complete all 4 Ace - Plan Your Future sessions AND post session course work on the FT App.
  - Participate in FTSV for a minimum of 3 years and take a minimum of 2 sessions per year.
  - *Any high school participants can take Ace classes, even if they are not eligible to be Ace-Certified. They can still take the classes.*



## FTSV 2024 Spring Parent Orientation Agenda

- To apply for the National Opportunities participants are encouraged to
  - Complete achievement challenges in Grades 9-12 Practice and Course
  - Participate in FTSV for a minimum of 3 years and take a minimum of 2 sessions per year.
  - Our team sends out a Google Form sheet to high schoolers with details on the national opportunities, and then they are selected to apply based on their engagement in our program and whether they meet the national opportunity requirements.

### Safety:

- All coaches complete a background check every other year, and take the Safe Sport, Mandatory Reporter, Concussion, and Heat Illness Trainings each year.
- Participants and coaches are encouraged to not attend class if they show any signs of illness, or test positive for COVID-19.

### FTSV Policies

- Attendance - no make ups, inform staff about absences one week prior.
- Punctuality - arrive 10 min early.
- Late policy - 1-minute late policy.
- Attendance policy – We encourage participants to not miss more than 2 sessions (classes). However, we will not turn anyone away if more than 2 classes are missed. Challenges take place weeks 7 and 8. No make up.
- Check in/out – parents/guardians walk students to and from the check in/out.
- Dress code – pockets, athletic shoes.
- Water – please bring their own water to class.
- Spectating - Must stay 25 yards away during class. Let the coaches coach. However, it is important to consistently check in with coaches and staff before or after class.
- Clubs provided in class if needed. We have a club leasing program for those on financial aid and clubs available for purchase for everyone else while supplies last. For more information contact [manny@ftsv.org](mailto:manny@ftsv.org)
- Class held rain or shine. Class may be cancelled if temperature is under 50 degrees AND raining or exceeds the temperature + humidity on our head index chart. For extreme weather (flooding, lightning, smoke, and extreme heat) please email [weather@tftsv.org](mailto:weather@tftsv.org) by 11am of the same day to get an update on the day's class and by 6pm on Friday for Saturday classes. Credits will be issued if more than 2 classes are cancelled.
- Make-Ups – For logistical reasons, there will be no option to make up classes by taking a class at a different time or day.



## **FTSV 2024 Spring Parent Orientation Agenda**

### Local Opportunities

- Discount cards (just for students!) handed out week 2 for all new participants.
- NCGA Youth on Course card (playing discounts) – for more details email [manny@ftsv.org](mailto:manny@ftsv.org)
- Golf Play/Practice, Seasonal Tournaments, Girls Golf, National Opportunities, Parent Clinics, Appreciation Events

### Parent/Guardian Resources

- Video Library available on our Private Page ([www.firstteesiliconvalley.org/private-pages/](http://www.firstteesiliconvalley.org/private-pages/)) PW: Class24
  - Life Skill Videos
  - Review Sheets
  - Golf Cue Videos
  - External Scorecard Document
  - Golf Course Need to Knows Video
  - Positive Coaching Alliance Resources
- Private lessons?
  - Visit our "[About Us](#)" and click on "Staff and Board" and then scroll down to the "Instructors (Private)" list.
- Parent Clinics
  - In November of each year, we host a parent clinic where parents/guardians can sign up for a group golf lesson from our staff. Contact [phoenix@ftsv.org](mailto:phoenix@ftsv.org) for more details.

### Other

- Questions? Office Hours: Tue-Fri 10am-6pm
  - Weekly email "Fore! Families" (sent every Tuesday)
  - Website ([thefirstteesiliconvalley.org](http://thefirstteesiliconvalley.org)); Participant Private Page (Class24) for all policies, parent resources, and certification details.